



# MASSAGES

ishga Hot Stone Massage 55 mins	£110
ishga Invigorating Full Body Massage 55 mins	£100
ishga Deep Tissue Techniques 55 mins	£120
ishga Hot Poultice Massage 55 mins	£110
Dunkeld Spa Full Body Massage 45 mins	£70
Indian Head Massage 45 mins	£70

### **BODY & FEET**

ishga Detoxifying Seaweed Body Wrap 55 mins	£105
ishga Marine Back Treatment 55 mins	£105
ishga Luxurious Seaweed Foot Experience 55 mins	£85
ishga Foot Recovery 25 mins	£55
Luxury Seaweed Bath 30 mins	£50

# **FACIALS**

ishga Anti-aging Rejuvenator Facial 55 mins	£105
ishga Luxury Anti-aging Facial 90 mins	£140
Highland Marine Face and Back Treatment 80 mins	£135

# MATERNITY TREATMENTS

ishga Mum To Be Massage 55 mins	£105
Scalp, Neck, Shoulder, Lower Leg & Foot 45 mins	£75

# HAND & FOOT TREATMENTS

Mii Manicure 60 mins	£65
Mii Pedicure 60 mins	£65
Existing Gel Polish Removal 30 mins	£25
Luxury Manicure 55 mins	£60
Luxury Pedicure 55 mins	£60
File and Polish 45 mins	£45

### EXPRESS TREATMENTS

ishga Express Facial 30 mins	£70
ishga Express Massage 30 mins	£70
ishga Salt and Oil Scrub 30 mins	£70
Scalp, Neck & Shoulder Massage 30 mins	£70

# WAXING

£45
£55
£30
£40
£20
£25
£20
£10
£15
£15

# EYE CARE

Eyelash Tint	£20
Eyebrow Tint	£15